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--Los Angeles Times "The wisdom of insecurity is not a way of evasion, but of carrying on wherever we happen to be stationed--carrying on, however, without imagining that the burden of the world, or even of the next moment, is ours. It is a philosophy not of nihilism but of the

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reality of the present--always remembering that to be of the present is to be, and candidly know ourselves to be, on the crest of a breaking wave."

~~The Wisdom of Insecurity: A Message
for an Age of Anxiety ...~~

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The Wisdom of Insecurity underlines the importance of our search for stability in an age where human life seems particularly vulnerable and uncertain. Watts argues our insecurity is the consequence of trying to be secure and that, ironically, salvation and sanity lie in the recognition that

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we have no way of saving ourselves.

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--Los Angeles Times "The wisdom of
insecurity is not a way of evasion, but
of carrying on wherever we happen
to be stationed--carrying on,

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however, without imagining that the burden of the world, or even of the next moment, is ours. It is a philosophy not of nihilism but of the reality of the present--always remembering that to be of the present is to be, and candidly know ourselves to be, on the crest of a

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The Wisdom of Insecurity underlines the importance of our search for stability in an age where human life seems particularly vulnerable and

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uncertain. Watts argues our insecurity
i In this fascinating book, Alan Watts
explores man's quest for
psychological security, examining our
efforts to find spiritual and
intellectual certainty in the realms of
religion and philosophy.

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The message is "if you are unhappy it is your fault and you just have to correct your own views on yourself and on the world." In that respect those eastern teachings fit very well in our current neoliberal society and

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maybe this fact is also partly
responsible for their success and their
popularity here and now.

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“ Anyone whose life needs a course
correction would be fortunate to be

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guided by The Wisdom of Insecurity.
My life still is, some thirty years later."
—Deepak Chopra, from the
Introduction Alan W. Watts ' s
“ message for an age of anxiety ” is
as powerful today as it was when this
modern classic was first published.

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Jane Kivik. Free download or read
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(ePUB) book. The first edition of the
novel was published in 1951, and was

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Written by Alan W. Watts. The book was published in multiple languages including English, consists of 152 pages and is available in Paperback format.

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Watts, Alan W. *The Wisdom of
Insecurity: A Message of an Age of
Anxiety*. New York: Pantheon Books,
1951.

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The Wisdom of Insecurity Epigraph: A

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Message for an Age of Anxiety. Rate The Wisdom of Insecurity: [Total: 0 Average: 0 /5] Learn About The Wisdom of Insecurity. We live in an age of unprecedented anxiety. Spending all our time trying to anticipate and plan for the future and to lamenting the past, we forget to

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embrace the here and now. We are ...

~~The Wisdom of Insecurity: A Message
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“ The wisdom of insecurity is not a way of evasion, but of carrying on wherever we happen to be stationed—carrying on, however,

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without imagining that the burden of the world, or even of the next moment, is ours.

~~Amazon.com: The Wisdom of
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Preview — The Wisdom of Insecurity
by Alan W. Watts. The Wisdom of~~

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An Age Of Anxiety Quotes Showing 1-30 of 255. “ Tomorrow and plans for tomorrow can have no significance at all unless you are in full contact with the reality of the present, since it is in the present and only in the present that you live. There is no other reality than present reality, so that, even if

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one were to live for endless ages, to live for the future would be to miss the point everlastingly. ” .

~~The Wisdom of Insecurity Quotes by
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“ Anyone whose life needs a course correction would be fortunate to be guided by The Wisdom of Insecurity. My life still is, some thirty years later.”

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—Deepak Chopra, from the
Introduction Alan W. Watts's

“ message for an age of anxiety ” is
as powerful today as it was when this
modern classic was first published.

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The Wisdom of Insecurity underlines the importance of our search for stability in an age where human life seems particularly vulnerable and uncertain. Watts argues our insecurity is the consequence of trying to be secure and that, ironically, salvation

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and sanity lie in the recognition that
we have no way of saving ourselves.

~~The Wisdom of Insecurity – Alan Watts
(Complete Book)~~

In the altogether excellent 1951
volume The Wisdom of Insecurity: A
Message for an Age of Anxiety (public

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library), Watts argues that the root of our human frustration and daily anxiety is our tendency to live for the future, which is an abstraction. He writes:

~~An Antidote to the Age of Anxiety:
Alan Watts on Happiness ...~~

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The Wisdom of Insecurity: A Message
for an Age of Anxiety, Alan Watts

Myths act as a psychological antidote
to the reality of our situation: they
mask our cosmic insignificance, make
sense of otherwise seemingly
senseless suffering and evil, and
provide ideals to help us rise above

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difficult situations and continue
prodding onwards.

~~Alan Watts: Anxiety, Enlightenment,
and the Wisdom of ...~~

“ The Wisdom of Insecurity ” is “
The Power of Now ” about 40 years
before Eckhart Tolle ’ s book. So, just

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like “The Power of Now,” “The
Wisdom of Insecurity” is about
everyone. Depressed and anxious
people especially. With Allan Watts,
they might find a way to slow down
and smell the roses.

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